

# **UPSKILLING FOR SUCCESS**

### Micro-Internships



Micro-Internships are short-term, paid, professional assignments that are similar to those given to new hires or interns. Unlike traditional internships, Micro-Internships can take place year-round, typically range from 5 to 40 hours of work, and are due between one week and one month after kick-off.

Micro-Internships are facilitated via the Parker Dewey platform, which connects Career Launchers with Companies in need of support.



Forage is a virtual work experience program where students can engage in online simulations of the work done at leading companies. Any student, regardless of university degree, prior experience, location or year group, can experience working at some of the world's top firms, and the account is free.

Visit https://careercenter.unt.edu/ for more information!

### Coursera

UNT is among the world's top universities and industry educators to partner with Coursera to offer courses, Specializations, certificates, and degree programs.

- **UNT Coursera Career Academy:** UNT, Google, and Coursera are teaming up to launch Career Academy and bring you world-class professional certificates from industry leaders such as Google, Meta, and IBM.
- **UNT Mass Online Open Courses (MOOCs):** An MOOC is a non-credit online course in a given topic offered on an open-access platform that offers virtually unlimited participation.

Visit https://online.unt.edu/coursera for more information!

## LinkedIn Learning

Through video-based instructions students can learn new business technology and creative skills. Each course is a series of short videos, so users can learn at their own pace and on their own time.

#### Benefits for students include:

- Take notes and return to where you left off
- Search transcripts to find answers quickly
- Get help on a course topic or application
- Build on what you learn in class
- Add new skills to your resume



Visit https://aits.unt.edu/support/linkedinlearning for more information!